

HEALTH HISTORY

Patient Name: _____ Age: _____ DOB: _____

Date of Onset/Injury: _____ Current Occupation: _____

Please circle your dominant hand (IE: the hand you write with): Right Hand or Left Hand

Please briefly describe how your symptoms started:

Pain: Please rate your current pain (0 = No Pain and 10 = Worst Pain of Your Life)

😊 0 1 2 3 4 5 6 7 8 9 10 😞

Where is your pain located? _____ Right _____ Left _____ Bilateral _____

How would you describe your pain? (Circle all that apply)

Throbbing Stabbing Sharp Dull Constant Occasional Pins & Needles

Things that make your pain better? _____

Things that make your pain worse? _____

Do you have any of the following?

Pain that wakes you up from sleep? Yes _____ No _____

Numbness/Tingling in your hands? Yes _____ No _____

Weakness in your hands? Yes _____ No _____

Can you perform your Activities of Daily Living? (IE: getting dressed or brushing teeth) Yes _____ No _____

If No, please explain _____

Can you do your job? Yes _____ No _____

If No, please explain _____

REVIEW OF SYMPTOMS: Mark next to ANY current symptom.

____ Fever/Chills ____ Nausea ____ Headaches ____ Breathing Problems

____ Chest Pain ____ Sore Throat ____ Constipation ____ Urination Problems

____ Rashes ____ Blurred Vision ____ Other: _____

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Have you ever been diagnosed with an antibiotic resistant infection? (IE: MRSA) Yes _____ No _____

Are you or could you be pregnant? Yes _____ No _____

Height: _____ Weight: _____ Age: _____

MEDICAL HISTORY:

_____ Heart Problems _____ Osteoporosis _____ Diabetes _____ Thyroid Disorder
_____ Lung Problems _____ Seizures _____ Stomach Ulcers _____ Rheumatoid Arthritis
_____ Kidney Problems _____ Blood Clots _____ Hepatitis C _____ HIV/AIDS
_____ High Blood Pressure _____ Stroke _____ Other: _____

SURGICAL HISTORY: Previous Surgeries? Yes _____ No _____ If Yes, please list:

MEDICATIONS: Do you take any medications? Yes _____ No _____ If Yes, please list:

PAIN CONTRACT: Are you under a pain contract with another physician? Yes ___ No ___ If yes, please list:
Physician Name: _____ Clinic Name: _____

ALLERGIES: Do you have any allergies to medications? Yes _____ No _____ If Yes, please list medication(s) with associated reaction(s).

FAMILY HISTORY: Please list any medical conditions that run in your immediate family:

SOCIAL HISTORY:

Do you drink alcohol? Yes _____ No _____
Do you use tobacco products? Yes _____ No _____

X _____
Patient/Legal Guardian Signature Date